

Evaluating your child

Summit's clinical team is experienced in diagnosing a wide range of psychological disorders in children and adolescents. Evaluations usually consist of three or four clinic visits, after which families receive a diagnosis and treatment recommendations. In addition, our professionals provide specialized, comprehensive evaluations for Autism Spectrum Disorders.



Treatment options

Individual and Family Therapy

Professionals in Summit's Behavioral Pediatrics Clinic strive to provide the highest quality, evidence-based mental health services to children and adolescents. This means we use treatments that have been shown to work with other children with a similar condition. Services may include working directly with your child, with you, or both.

We will develop an individual treatment plan and closely monitor progress.

Parenting Programs

These programs are designed to help parents become more effective in their parenting role and can be delivered in individual or group formats. The goal is to help parents learn effective techniques for increasing compliance and decreasing negative behaviors in their children. **Summit is the only Western New York provider of Triple P (Positive Parenting Program), an evidence-based, individualized parenting program.**

Social and Behavioral Skills Training Groups

Summit's Behavioral Pediatrics Clinic offers group-based therapy designed to foster and enhance peer relationships and build new skills. "Building ADDitions" addresses the needs of children with ADHD, while "Building Connections" serves children with high-functioning autism.

These eight-week, 90-minute social skills groups emphasize a target skill each week. Throughout these evening sessions, families practice the skill while engaging with peers in a naturalistic setting. Children receive immediate feedback to foster rapid skill acquisition.

Check our website at www.thesummitcenter.org for dates, locations, and enrollment information.

Summer Programs

Summit's five-week summer programs provide 200 hours of therapeutic treatment in a fun, camp-like environment.

Community Connections addresses the needs of children with high-functioning autism spectrum disorder with intensive training, experience and practice in social, emotional, and behavioral skills, allowing them to make friends and better connect with peers, siblings, teachers, and parent/caregivers.

The **Summer Treatment Program (STP)** gives children with ADHD the opportunity to engage in sports and recreational activities with other children their age. Social skills training, arts and crafts, and classroom practice promote behaviors to help ensure success at school.

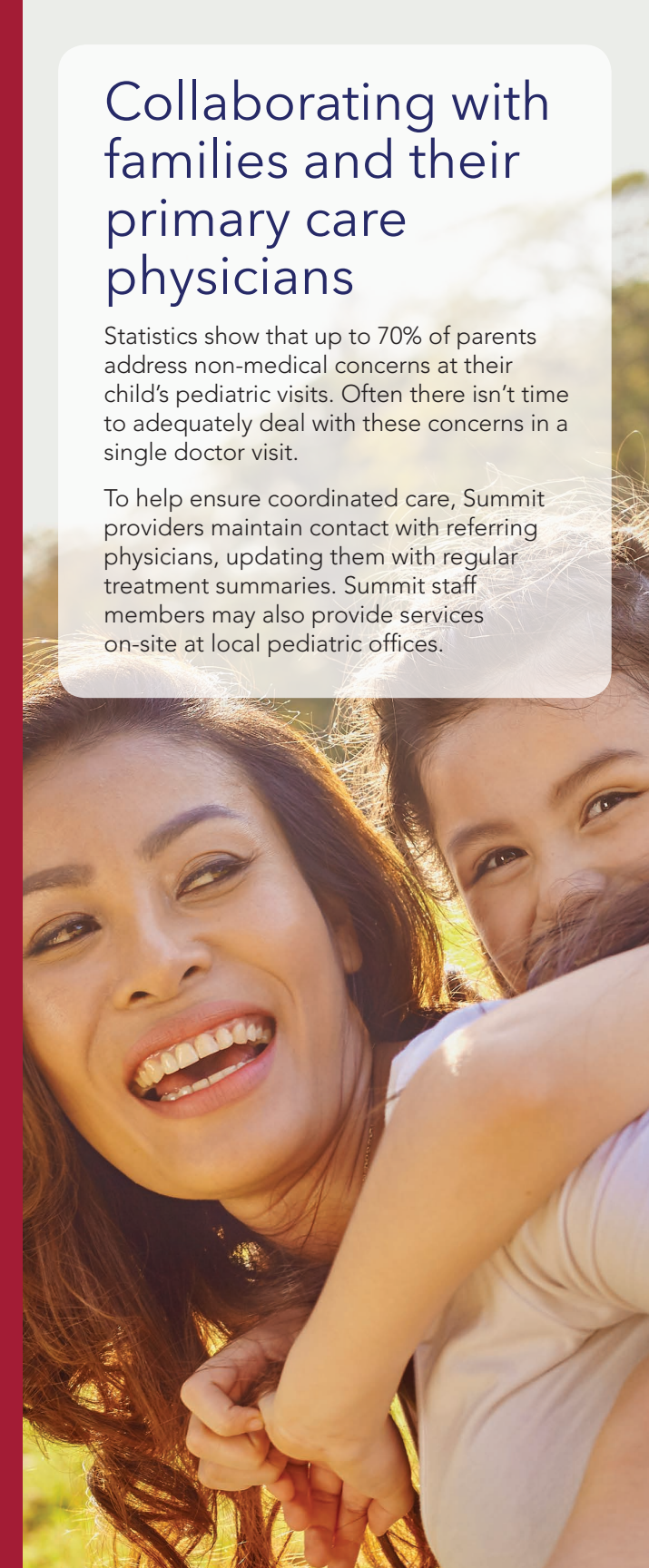
(Private pay programs. Financial aid is available.)



Collaborating with families and their primary care physicians

Statistics show that up to 70% of parents address non-medical concerns at their child's pediatric visits. Often there isn't time to adequately deal with these concerns in a single doctor visit.

To help ensure coordinated care, Summit providers maintain contact with referring physicians, updating them with regular treatment summaries. Summit staff members may also provide services on-site at local pediatric offices.





Is your child going through a tough time?

Is he or she experiencing difficulty at school?
Acting out? Feeling overly worried or fearful?
Just not fitting in?

Behavioral health issues are common in children and young adults—affecting up to one in five children, according to the Centers for Disease Control. These issues often affect how a child acts and feels in school, at home, and in the community.

Summit's Behavioral Pediatrics Clinic can help.

We offer diagnostic evaluations and short-term interventions for children and young adults. Our staff includes a team of licensed psychologists with many years of experience helping children and teens.

These caring professionals can provide accurate assessment and effective care that equips your child or young adult with the strategies and tools needed to overcome challenges and experience a better quality of life.

Conditions we treat:

- Attention Deficit Hyperactivity Disorder (ADHD)
- Anxiety disorders
- Autism spectrum disorders
- Disruptive behavior disorders
- Elimination disorders
- Mood disorders including depression
- Obsessive Compulsive Disorder (OCD)
- Other conditions, including enuresis, encopresis, and tics
- Common childhood problems, including thumb sucking, sleep issues, tantrums, defiant behavior, and social delays



Flexible payment options

Most services are covered through private insurance. Private pay rates are available.

Contact us

We're here to help! Please call **716-629-3400** for an appointment, and we'll answer any questions you may have.

The Summit Center Behavioral Pediatrics Clinic Northtowns

415 North French Road
Amherst, NY 14228

Hours:

Monday – Friday, 8:00 a.m. to 5 p.m. and evenings by appointment.



www.TheSummitCenter.org
716-629-3400



Behavioral Pediatrics Clinic

Providing solutions for children and young adults with behavioral, social and emotional challenges.

