

Up to 60% of children may have a feeding disorder.

Are meal times stressful for you and your child? Does your child only eat a small number of very specific foods? Do you worry that your child doesn't eat enough?

The Summit Center's Pediatric Feeding Clinic can work with your child's pediatrician and other professionals to assess, diagnose and treat potential feeding disorders.

What is a Feeding Disorder?

A feeding disorder is diagnosed when a child demonstrates difficulties with eating or drinking that negatively affects his or her weight or overall nutrition.

Research shows that up to 60% of children may experience a feeding disorder at some time during infancy and/or early childhood that persists as the child grows.

Each child's feeding difficulties are unique. Some children develop feeding problems because of underlying medical issues that make eating painful. Other children may have missed the opportunity to learn to eat appropriately due to illness or developmental delays. Still others may not feel hungry, have oral sensitivities, or lack the overall skills involved in eating, such as chewing and/or swallowing.

Assessment, diagnosis and treatment based on success

Following an initial assessment of your child's unique feeding difficulties and family mealtime routines, a treatment plan is developed and intervention begins. Data is collected during every session to guide treatment decisions.

Summit's Pediatric Feeding Clinic protocols are based on evidence-based methods of Applied Behavior Analysis used at nationally recognized feeding treatment centers, including:

- Monroe-Meyer Institute at the University of Nebraska Medical Center
- Pediatric Feeding Disorders Program at the Kennedy Krieger Institute
- Marcus Autism Center Pediatric Feeding Disorders program
- Family Behavior Analysis Clinic at SUNY Upstate Golisano Children's Hospital



Common symptoms related to a pediatric feeding disorder:

- Difficulty maintaining or gaining weight
- Only eating select foods such as certain brands or textures
- Low oral intake or tube dependency
- Inappropriate behavior that causes stress at mealtimes

Let us help.

If your child has any of these symptoms, contact us at **716-629-3400** for more information or to schedule an appointment.



Treating your child

The Summit Center offers an outpatient program providing assessment and behavioral treatment for childhood feeding problems from birth through age 12. Working with your child's pediatrician and other professionals, our team of licensed psychologists will:

- Assess your child's feeding concerns
- Work with you to develop goals for treatment
- Develop a plan to address your goals and to reduce stress around mealtimes
- Work with you through all stages of intervention to implement the plan effectively
- Monitor your child's progress to ensure success

Find out more at TheSummitCenter.org



Ask about our payment options

Most of our pediatric feeding disorder services are covered through private insurance. We also offer pay rates and plans. Please note that we do not accept Medicaid.

Contact us

At Summit, we're here to help! Please call **716-629-3400** for an appointment, and we'll answer any questions you may have.

The Summit Center **Pediatric Feeding Clinic**

415 North French Road, Amherst, NY 14228

Hours:

Monday – Friday, 8:00 a.m. to 5 p.m. Parking is available in the lot to the left of our building.



www.TheSummitCenter.org 716-629-3400







Hope for Your Child's Feeding Disorder

Pediatric Feeding Clinic



Proven methods. Positive results. Better lives.