

## General Skills List

General Skills List	
Domains	
Communication	<ul style="list-style-type: none"> <li>• Promote use of current mode of communication (i.e. PECs book, device, verbal)</li> <li>• Refer to the notes provided by your child's speech therapist/teacher regarding communication programs</li> </ul>
Self-Help	<ul style="list-style-type: none"> <li>• Toileting</li> <li>• Hand washing</li> <li>• Wiping face</li> <li>• Tooth-brushing</li> <li>• Utensil use (spoon, fork, straw, cup)</li> <li>• Dressing/undressing</li> <li>• Showering/bathing independently</li> <li>• Opening containers</li> <li>• Cutting/spreading with knife</li> <li>• Washing face</li> <li>• Brushing hair</li> <li>• Monitor appearance</li> <li>• Shaving</li> </ul>
Domestic	<ul style="list-style-type: none"> <li>• Putting clothes in hamper</li> <li>• Throw out trash</li> <li>• Put books/toys away</li> <li>• Wiping spills</li> <li>• Clearing table</li> <li>• Putting dishes away</li> <li>• Gather meal items</li> <li>• Wiping a table/counter</li> <li>• Using measuring cups &amp; spoons</li> <li>• Setting a table</li> <li>• Sweeping</li> <li>• Make bed</li> <li>• Vacuuming</li> <li>• Sort laundry</li> <li>• Load dishwasher</li> <li>• Empty trash</li> <li>• Using a microwave/toaster</li> <li>• Clean microwave</li> <li>• Clean window</li> <li>• Operating a washer &amp; dryer</li> </ul>
Alternative skills for challenging behaviors	<ul style="list-style-type: none"> <li>• These may be child specific. Please work with classroom teams to decide what skills may be appropriate to work on at home.</li> </ul>
Social Skills	<ul style="list-style-type: none"> <li>• Taking turns with items</li> <li>• Responding to greetings</li> <li>• Practicing manners (please, thank you, etc...)</li> </ul>

Leisure	<ul style="list-style-type: none"> <li>• Playdoh</li> <li>• Puzzles</li> <li>• Basic block building/LEGO</li> <li>• Preschool craft projects</li> <li>• Coloring pictures</li> <li>• Looking at books</li> <li>• Preschool games (duck-duck-goose, hide &amp; seek, etc...)</li> <li>• Listening to music</li> <li>• Playing board games</li> <li>• Navigating an iPad</li> <li>• Playing sports</li> <li>• Riding a bike</li> <li>• Video games</li> </ul>
Community	<ul style="list-style-type: none"> <li>• Respond to request to stop</li> <li>• Holding hands with an adult</li> <li>• Avoiding obstacles Stay with adults</li> <li>• Stay here</li> <li>• Keeping pace when walking</li> <li>• Disembarking vehicle</li> </ul>
Academics	<ul style="list-style-type: none"> <li>• Will be individualized based on the needs of your child.</li> </ul>
Literacy	<ul style="list-style-type: none"> <li>• Read stories to your child</li> <li>• Have them point out pictures (interact)</li> <li>• Have them read to you</li> <li>• Turning pages</li> <li>• Questions about books</li> <li>• Flipping pages to look through books independently</li> </ul>