



S.T.A.R. Support, Training, and Respite

For parents and caregivers



These free, 2 ½ hour parent programs include a 30-minute information session and a two-hour, facilitated open discussion to share ideas and common concerns. Sessions are conducted by professional staff with significant background, training, and experience working with individuals with developmental disabilities.

You may register for multiple sessions! Enrollment is limited to ten families per session.

Your child must meet OPWDD eligibility requirements to participate.

LOCATION: The Summit Center (Creekside site), 165 Creekside Drive, Amherst, NY 14228

TIME: 10 A.M. – 12:30 P.M.

Saturday, April 18, 2020 Challenging Behaviors ← **THIS SESSION IS FULL**

Trainer: Johanna Shaflucas, BCBA

Saturday, May 16, 2020 Puberty and Sexuality (for parents of pre-pubescent children)

Trainer: Johanna Shaflucas, BCBA

Saturday, September 19 Toileting, Sleeping, & Feeding (Adaptive Skills)

Trainer: Johanna Shaflucas, BCBA

Saturday, October 3, 2020 Challenging Behaviors

Trainer: Johanna Shaflucas, BCBA

On-site respite will be provided for your child with special needs and one sibling (toddlers and older)

Parents: Call your child's Care Manager for eligibility and enrollment information.

For additional information about the program, call 716-629-3400.

Upon completion of one 2 ½ hour session, you will be eligible for **additional group respite hours** which will be provided at The Summit Center on weekends and during school break periods. Times/dates to be announced. Based on trainer recommendation, a limited number of additional in-home trainings may be offered to families.