



VIRTUAL S.T.A.R. Parent Training

For parents and caregivers of children and young adults with developmental disabilities



The Summit Center’s S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to support you through various stages of your child’s life. **All sessions will be conducted virtually** by The Summit Center’s professional staff who have significant background, training, and experience working with individuals with developmental disabilities. For those who participate, virtual respite opportunities may be available at a later date.

Eligibility: All sessions are free of charge and open to those who are OPWDD eligible. Those who have Self Direction will need to include this in their budget. Call the numbers below for more information.

To register: Please call Laurlen Parry, Coordinator of Community Services, at 716.799.8163 or Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156. A link to the training will be emailed to you after you are registered. ***Please note that the registration/ approval process may take up to five days to complete. Timeframe for approval through Self-Direction may vary. Please allow sufficient time for this approval process prior to each session you wish to attend.***



Training Topic: Transition to Adulthood (five sessions)

This transition series will cover many components that are part of the process for transition for students who will graduate with a Skills and Achievement Commencement Credential. An overview of the process will be provided in *Session One*. *Session Two* will focus on potential options for adulthood. *Session Three* will discuss skills that may be needed for a successful transition to the adult world. *Session Four* focuses on tasks that may need to be completed during the final two years of school. *Session Five* will outline supports that may be available to obtain legal guardianship for your child at age 18.

You may register for one or for all five sessions.

Presenter: Lori Simmons, Supervising Clinician – Behavior Support

Session	Date	Time	Presentation
1	Tues. July 20	4 – 5 p.m.	Let’s Talk Transition
2	Tues. July 27	4 – 5 p.m.	Options for Adulthood
3	Tues. Aug 3	4 – 5 p.m.	Skills for Transition to Adulthood
4	Tues. Aug 10	4 – 5 p.m.	Transition in the Final Years of School
5	Tues. Aug 17	4 – 5 p.m.	Guardianship – Potential Supports



Training Topic: Behavior Basics

Saturday, September 25 10-11:30 a.m.

This training will focus on basic proactive strategies to help caregivers reduce challenging behaviors that their children may exhibit. Topics will include reinforcement of positive behaviors, simple communication strategies, and other behavioral tips and techniques.

Presenter: Mary Chambers, M.S., C.A.S., BCBA, LBA Supervising Clinician – Behavior Support



Training Topic: Puberty and Sexuality

Saturday, October 23 10-11:30 a.m.

An overview of puberty and sexuality, potential obstacles, and suggested skills to work on.

Presenters: Mary Chambers, M.S., C.A.S., BCBA, LBA, Supervising Clinician – Behavior Support, and Johanna Shaflucas, M.S.Ed., BCBA, LBA, Clinical Coordinator - Behavior Support



Training Topic: Communication

Tuesday, November 16 4 – 5:30 p.m.

This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.

Presenter: Johanna Shaflucas, M.S.Ed., BCBA, LBA, Clinical Coordinator - Behavior Support

About our presenters:

Johanna Shaflucas, M.S.Ed., BCBA, LBA, is Clinical Coordinator of The Summit Center's Behavior Support Department. **Mary Chambers, M.S., C.A.S., BCBA, LBA** and **Lori Simmons** are Supervising Clinicians in Summit's Behavior Support Department. They each have many years of experience working with children and young adults with autism and developmental disabilities.

With a staff of 500 professionals, The Summit Center is Western New York's leading provider of evidence-based educational, behavioral health, community and adult programs and services to more than 1300 individuals with autism and other developmental, social, and behavioral challenges.

www.TheSummitCenter.org

The Summit Center
150 Stahl Road
Getzville, New York 14068
716-629-3400