



# S.T.A.R. Parent Training

*For parents and caregivers of children and young adults  
with developmental disabilities*



The Summit Center's S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to manage various stages of your child's life. Sessions will be conducted by The Summit Center's professional staff who have significant background, training, and experience working with individuals with developmental disabilities. Respite opportunities may be available at a future date for participants.

**Eligibility:** All sessions open at no cost to those who are OPWDD eligible. Those with Self Direction must include this in their budget.

**To register:** Please call Laurlen Parry, Coordinator of Community Services, at 716.799.8163 or Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156. For virtual sessions, a link to the training will be emailed to you after you are registered. ***Please note that the registration/ approval process may take up to five days to complete. OPWDD approval for use of Self-Direction funds may take up to six months. Please allow sufficient time for this approval process prior to each session you wish to attend.***



## **Managing Challenging Behaviors**

**Saturday, July 16, 2022**

**10 a.m.- Noon**

*Virtual session*

This training will focus on teaching caregivers where challenging behaviors typically come from, what challenging behaviors mean, and some simple strategies that focus on using reinforcement to decrease challenging behaviors and build skills.

**Presenter:** Johanna Shaflucas, M.S.Ed., BCBA, LBA, Clinical Coordinator - Behavior Support



## **Care Notebooks**

**Saturday, July 30, 2022**

**10 – 11:30 a.m.**

*Virtual Session*

This training will focus on providing ideas to caregivers on different ways to organize important information/paperwork. Caregivers will learn why it is important to have different types of documentation saved and organized for different milestones in a person's life. The training will cover the types of documentation that is important to save.

**Presenter:** Lori Simmons, Supervising Clinician – Behavior Support



## **Communication**

**Saturday, August 6, 2022**

**10 a.m. - Noon**

*Virtual session*

This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.

**Presenter:** Rebecca Meyer, M.S., M.S.W, Behavior Support Technician

**Puberty & Sexuality****Saturday, August 13, 2022****10 a.m.- Noon***In-person session at 165 Creekside Drive, Amherst, NY 14228. Limited respite spots available*

This session will focus on puberty and sexuality topics including planning for puberty, hygiene, menstruation, masturbation, relationships, and privacy. Discussion will include when to teach these topics and provide examples and resources for addressing each area with your child. Training materials will include social stories, picture schedules, task analysis, and video models. Caregivers will learn how to break down skills and use reinforcement to promote positive change.

Presenter: Johanna Shaflucas, M.S.Ed., BCBA, LBA, Clinical Coordinator - Behavior Support

**Topic: Adaptive Skills****Saturday, September 17, 2022****10 a.m. – Noon***In-person session at 165 Creekside Drive, Amherst, NY 14228. Limited respite spots available*

Many children, regardless of a development disability, can struggle with aspects of Toileting, Sleeping and Feeding. This training will identify the challenges that caregivers typically face and teach simple strategies that focus on using reinforcement to encourage skill building in these areas.

Presenter: Rebecca Meyer, M.S., M.S.W, Behavior Support Technician

**Topic: Effective Advocacy****Saturday, October 15, 2022****10 a.m.- Noon***In-person session at 165 Creekside Drive, Amherst, NY 14228. Limited respite spots available*

Effective advocacy by caregivers is essential to meeting the unique needs of children with Autism. It is also critical that we support self-advocacy by the individual. Caregivers will learn strategies to develop a framework for creating a collaborative approach, in which the child's needs can be met.

Presenter: Rebecca Meyer, M.S., M.S.W, Behavior Support Technician

**ABOUT OUR PRESENTERS:**

**Johanna Shaflucas, M.S.Ed., BCBA, LBA**, is Clinical Coordinator of The Summit Center's Behavior Support Department. **Rebecca Meyer, M.S., M.S.W**, and **Lori Simmons** work in Summit's Behavior Support Department. They each have many years of experience working with children and young adults with autism and developmental disabilities.

*With a staff of 500 professionals, The Summit Center is Western New York's leading provider of evidence-based educational, behavioral health, community and adult programs and services to more than 1300 individuals with autism and other developmental, social, and behavioral challenges.*



The Summit Center  
150 Stahl Road  
Getzville, New York 14068  
716-629-3400