**Child Chore Checklist**

Basic Level Skills

|  |  |  |
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| **Chore** | **Thoroughness (score 1-3)** | **Independence (Y/N)** |
| Throw away trash/wrappers |  |  |
| Put toys away |  |  |
| Put clothes in hamper |  |  |
| Put dishes in sink |  |  |
| Charge electronics |  |  |
| Wipe up spills |  |  |
| Wipe down table |  |  |
| Carry in groceries |  |  |
| Get mail |  |  |
| Put away backpack/jacket |  |  |
| Put lunch/folder in backpack |  |  |
| Put away silverware |  |  |
| Fold washcloths/towels |  |  |

Intermediate Level Skills

|  |  |  |
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| **Chore** | **Thoroughness (score 1-3)** | **Independence (Y/N)** |
| Feed pet |  |  |
| Water plants |  |  |
| Make bed |  |  |
| Clear table after meal |  |  |
| Spray and wipe table |  |  |
| Set table |  |  |
| Rinse dishes |  |  |
| Get packaged snack |  |  |
| Prepare snack from box/bag |  |  |
| Pour beverage |  |  |
| Fold clothes |  |  |
| Put away groceries |  |  |
| Hang clothes |  |  |
| Sort laundry by color |  |  |
| Empty dishwasher/dish rack |  |  |
| Replace empty trash bag |  |  |
| Clean mirror |  |  |
| Sweep small mess |  |  |
| Use handheld vacuum |  |  |
| Vacuum – with assistance |  |  |
| Microwave – with assistance |  |  |

Advanced Level Skills

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| **Chore** | **Thoroughness (score 1-3)** | **Independence (Y/N)** |
| Hand-wash dishes |  |  |
| Load dishwasher |  |  |
| Change sheets |  |  |
| Take trash out |  |  |
| Dust furniture |  |  |
| Sweep room |  |  |
| Vacuum room |  |  |
| Mop room |  |  |
| Clean windows |  |  |
| Clean sink |  |  |
| Clean microwave |  |  |
| Clean toilet |  |  |
| Clean tub |  |  |
| Clean fridge |  |  |
| Clean stovetop |  |  |
| Operate washing machine |  |  |
| Operate dryer |  |  |
| Pull weeds |  |  |
| Rake leaves |  |  |
| Use measuring cups |  |  |
| Follow a recipe |  |  |
| Prepare lunch |  |  |
| Use microwave |  |  |
| Use toaster |  |  |
| Use oven |  |  |
| Change lightbulb |  |  |
| Shovel snow |  |  |
| Mow lawn |  |  |