



S.T.A.R. Parent Training

*For parents and caregivers of children and young adults
with developmental disabilities*



The Summit Center's S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to manage various stages of your child's life. Sessions are conducted by The Summit Center's professional staff who have significant background, training, and experience working with individuals with developmental disabilities. Respite opportunities may be available at a future date for participants.

Eligibility: All sessions open at no cost to those who are OPWDD eligible. Those with Self Direction must include this in their budget. *To maintain eligibility for this program, you must attend a minimum of one session every six months.*

To register: Please call Laurlen Parry, Coordinator of Community Services, at 716.799.8163 or Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156. For virtual sessions, a link to the training will be emailed to you after you are registered. ***Please note that the registration/ approval process may take up to five days to complete. Timeframe for approval through Self-Direction may vary. Please allow sufficient time for this approval process prior to each session you wish to attend.***



Behavior Basics

Saturday, January 14, 2023

10 - 11:30 a.m.

Virtual Session

This training will focus on basic proactive strategies to help caregivers reduce challenging behaviors that their children may exhibit. Topics will include reinforcement of positive behaviors, simple communication strategies, and other behavioral tips and techniques.

Presenter: Angela Deoki, Behavior Consultant – Behavior Support



Puberty & Sexuality

Saturday, January 21, 2023

10 - 11:30 a.m.

Virtual Session

The trainer will discuss puberty and sexuality topics including planning for puberty, hygiene, menstruation, masturbation, relationships, and privacy. Discussion will include when to teach these topics and provide examples and resources of how to tackle each topic and skill. Training materials will include social stories, picture schedules, task analysis, and video models. Caregivers will learn how to break skills down and use reinforcement to promote positive change.

Presenter: Lori Simmons, Supervising Clinician – Behavior Support



Behavior Basics

Monday, January 23, 2023

4 - 5:30 p.m.

Virtual session

This training will focus on basic proactive strategies to help caregivers reduce challenging behaviors that their children may exhibit. Topics will include reinforcement of positive behaviors, simple communication strategies, and other behavioral tips and techniques.

Presenter: Lori Simmons, Supervising Clinician – Behavior Support



Managing Challenging Behaviors Saturday, February 4, 2023 10 - 11:30 a.m.

Virtual Session

This training will focus on teaching caregivers where challenging behaviors typically come from, what challenging behaviors mean, as well as simple strategies that focus on using reinforcement to decrease challenging behaviors and build skills.

Presenter: Angela Deoki, Behavior Consultant – Behavior Support



Communication Saturday, February 11, 2023 10 – 11:30 a.m.

Virtual Session

This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.

Presenter: Angela Deoki, Behavior Consultant – Behavior Support



Care Notebooks Saturday, March 18, 2023 10 - 11:30 a.m.

In-person session 75 Pineview Drive, Suite 200, Amherst, NY 14228. Limited respite spots available.

This training will focus on providing caregivers with ideas for organizing important information and paperwork. Caregivers will learn why it is important to have certain documentation saved and organized for different milestones in a person’s life. The training will cover types of documentation that is important to save.

Presenter: Angela Deoki, Behavior Consultant – Behavior Support

Future Training Topics for Spring 2023:
Adaptive Skills, Toilet Training, and Effective Advocacy

ABOUT OUR PRESENTERS:

Angela Deoki and **Lori Simmons** work in Summit’s Behavior Support Department. They each have many years of experience working with children and young adults with autism and developmental disabilities.

With a staff of 450 professionals, The Summit Center is Western New York’s leading provider of evidence-based educational, behavioral health, community and adult programs and services to more than 1100 individuals with autism and other developmental, social, and behavioral challenges.



www.TheSummitCenter.org

150 Stahl Road
Getzville, New York 14068
716-629-3400