



S.T.A.R. Parent Training

*For parents and caregivers of children and young adults
with developmental disabilities*

The Summit Center's S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to manage various stages of your child's life. Sessions are conducted by The Summit Center's professional staff who have significant background, training, and experience working with individuals with developmental disabilities.

Eligibility: All sessions open at no cost to those who are OPWDD eligible. Those with Self Direction must include this in their budget. *To maintain eligibility for this program, you must attend a minimum of one session every six months.*

To register: Please call Laurlen Coker, Coordinator of Community Services, at 716.799.8163 or Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156. For virtual sessions, a link to the training will be e-mailed to you after you are registered. **Please note that the registration/ approval process may take up to five days to complete. Timeframe for approval through Self-Direction may vary. Please allow sufficient time for this approval process prior to each session you wish to attend.**

Added bonus for those who attend ONE session:

One-on-one parent training to help overcome specific challenges

Every family is different, and every child has different challenges. Parents/caregivers who participate in **ONE** S.T.A.R. Training session, **will receive additional one-on-one training** in your home or in the community. A trained Summit staff member will teach you the skills to gain the confidence you need to help your child become more independent. We can teach you how to implement an activity schedule, facilitate interaction among siblings, get your child to accept "no" or "not right now" for an answer, use the toilet, sleep in their own bed, or eat meals with the family. We're here to support you every step of the way, to better understand the barriers to success and develop a plan that works. With the right tools, you'll be successful in no time (and so will your child!).

Respite opportunities may be available at a future date for participants.

UPCOMING TRAININGS:

Toileting **Saturday, April 1, 2023** **10 a.m.-12 p.m.**

In-person session 75 Pineview Drive Suite 200, Amherst 14228. Limited respite spots available.

Many children, regardless of a developmental disability, can struggle with aspects of Toileting. This training will identify the challenges that caregivers typically face as well as teach simple strategies that focus on using reinforcement to encourage skill building in this area.


Presenter: Lori Simmons, Supervising Clinician – Behavior Support


Behavior Basics **Saturday, April 22, 2023** **10 - 11:30 a.m.**


Virtual session


This training will focus on basic proactive strategies to help caregivers reduce challenging behaviors that their children may exhibit. Topics will include reinforcement of positive behaviors, simple communication strategies, and other behavioral tips and techniques.

Presenter: Angela Deoki, Behavior Consultant – Behavior Support

 **Adaptive Skills** **Saturday, May 13, 2023** **10 - 11:30 a.m.**
Virtual Session
Many children, regardless of a development disability, can struggle with aspects of Toileting, Sleeping and Feeding. This training will identify the challenges that caregivers typically face as well as teach simple strategies that focus on using reinforcement to encourage skill building in these areas.
Presenter: Lori Simmons, Supervising Clinician – Behavior Support– Behavior Support

 **Behavior Basics** **Saturday, May 20, 2023** **10 - 11:30 a.m.**
Virtual session
This training will focus on basic proactive strategies to help caregivers reduce challenging behaviors that their children may exhibit. Topics will include reinforcement of positive behaviors, simple communication strategies, and other behavioral tips and techniques.
Presenter: Nicole Conte, Behavior Consultant – Behavior Support

 **Managing Challenging Behaviors** **Saturday, June 3, 2023** **10 – 11:30 a.m.**
Virtual session
This training will focus on teaching caregivers where challenging behaviors typically come from, what challenging behaviors mean, as well as some simple strategies that focus on using reinforcement to decrease challenging behaviors and build skills.
Presenter: Nicole Conte, Behavior Consultant – Behavior Support

 **Communication** **Saturday, June 17, 2023** **10 – 11:30 a.m.**
Virtual Session
This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.
Presenter: Angela Deoki, Behavior Consultant – Behavior Support

Future Training Topics for Summer 2023 (July – September):
Communication, Effective Advocacy & Activity Schedules
Weekday (TBD) evening session will be available.

ABOUT OUR PRESENTERS:

Angela Deoki, Lori Simmons, and Nicole Conte work in Summit’s Behavior Support Department. They each have many years of experience working with children and young adults with autism and developmental disabilities.

With a staff of 450 professionals, The Summit Center is Western New York’s leading provider of evidence-based educational, behavioral health, community and adult programs and services to more than 1100 individuals with autism and other developmental, social, and behavioral challenges.


**THE
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