



S.T.A.R. Parent Training

*For parents and caregivers of children and young adults
with developmental disabilities*

The Summit Center's S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to manage various stages of your child's life. Sessions are conducted by The Summit Center's professional staff who have significant background, training, and experience working with individuals with developmental disabilities.

Eligibility: All sessions open at no cost to those who are OPWDD eligible. Those with Self Direction must include this in their budget. *To maintain eligibility for this program, you must attend a minimum of one session every six months.*

To register: Please call Laurlen Coker, Coordinator of Community Services, at 716.799.8163 or Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156. For virtual sessions, a link to the training will be e-mailed to you after you are registered. ***Please note that the registration/approval process may take up to five days to complete. Timeframe for approval through Self-Direction may vary. Please allow sufficient time for this approval process prior to each session you wish to attend.***

Added bonus for those who attend ONE session:

One-on-one parent training to help overcome specific challenges

Every family is different, and every child has different challenges. Parents/caregivers who participate in **ONE** S.T.A.R. Training session, **will receive additional one-on-one training** in your home or in the community. A trained Summit staff member will teach you the skills to gain the confidence you need to help your child become more independent. We can teach you how to implement an activity schedule, facilitate interaction among siblings, get your child to accept "no" or "not right now" for an answer, use the toilet, sleep in their own bed, or eat meals with the family. We're here to support you every step of the way, to better understand the barriers to success and develop a plan that works. With the right tools, you'll be successful in no time (and so will your child!).

Respite opportunities may be available for participants.

UPCOMING TRAININGS:

Care Notebooks **Saturday, July 15th, 2023** **10:00 a.m.-12:00 p.m.**

In-person session 75 Pineview Drive Suite 200, Amherst 14228. Limited respite spots available

This training will focus on providing ideas to caregivers on different ways to organize important information/paperwork. Caregivers will learn why it is important to have different types of documentation saved and organized, for different milestones in a person's life.

Presenter: Angela Deoki, Behavior Consultant – Behavior Support



Communication **Wednesday, July 19th, 2023** **6:30 p.m.-7:30 p.m.**

Virtual Session

This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.

Presenter: Rebecca Meyer, Intake Specialist - Behavior Support





Toileting Saturday, August 5, 2023 12:00 p.m. – 2:00 p.m.

In-person session 75 Pineview Drive Suite 200, Amherst 14228. Limited respite spots available.

Many children, regardless of a developmental disability, can struggle with aspects of Toileting. This training will identify the challenges that caregivers typically face as well as teach simple strategies that focus on using reinforcement to encourage skill building in this area.

Presenter: Lori Simmons, Supervising Clinician – Behavior Support– Behavior Support



Toileting Wednesday, August 9, 2023 6:30 p.m.-7:30 p.m.

Virtual session

Many children, regardless of a developmental disability, can struggle with aspects of Toileting. This training will identify the challenges that caregivers typically face as well as teach simple strategies that focus on using reinforcement to encourage skill building in this area.

Presenter: Angela Deoki, Behavior Consultant – Behavior Support



Managing Challenging Behaviors Tuesday, September 12, 2023 6:30 p.m.-7:30 p.m.

Virtual session

This training will focus on teaching caregivers where challenging behaviors typically come from, what challenging behaviors mean, as well as some simple strategies that focus on using reinforcement to decrease challenging behaviors and build skills.

Presenter: Angela Deoki, Behavior Consultant – Behavior Support



Behavior Basics Wednesday, September 20, 2023 6:30 p.m.-7:30 p.m.

Virtual session

This training will focus on basic proactive strategies to help caregivers reduce challenging behaviors that their children may exhibit. Topics will include reinforcement of positive behaviors, simple communication strategies, and other behavioral tips and techniques.

Presenter: Nicole Conte, Behavior Consultant – Behavior Support

Future Training Topics:

Effective Advocacy, Activity Schedules & Behavior Basics

ABOUT OUR PRESENTERS:

Angela Deoki, Lori Simmons, Rebecca Meyers & Nicole Conte work in Summit’s Behavior Support Department. They each have many years of experience working with children and young adults with autism and developmental disabilities.

With a staff of 450 professionals, The Summit Center is Western New York’s leading provider of evidence-based educational, behavioral health, community and adult programs and services to more than 1100 individuals with autism and other developmental, social, and behavioral challenges.



www.TheSummitCenter.org

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