S.T.A.R. Parent Training

For parents and caregivers of children and young adults with developmental disabilities.

The Summit Center’s S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to manage various stages of your child’s life. Sessions will be conducted by The Summit Center’s professional staff who have significant background, training, and experience working with individuals with developmental disabilities.

Eligibility: All sessions open at no cost to those who are OPWDD eligible. Those with Self Direction must include this in their budget.

To register: Please call Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156. For virtual sessions, a link to the training will be emailed to you after you are registered. Please note that the registration/approval process may take up to five days to complete. Timeframe for approval through Self-Direction may vary. Please allow enough time for this approval process before each session you wish to attend.

Communication
Saturday, January 13, 2024  11 a.m.-Noon
Virtual Session
This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.
Presenter: Kameron Plotner, M.S., BCBA, Behavior, Consultant – Behavior Support

Care Notebooks
Saturday, January 27, 2024  12 -1:30 p.m.
Virtual session
This training will focus on providing ideas to caregivers on different ways to organize important information/paperwork. Caregivers will learn why it is important to have various kinds of documentation saved and organized for different milestones in a person’s life. The training will cover the types of documentation that are important to save.
Presenter: Lori Simmons, Supervising Clinician – Behavior Support

Chores for People with Different Abilities
Thursday, February 15, 2024  6:30-7:30 p.m.
Virtual session
This training will focus on providing caregivers with the understanding of generalized methods for teaching children to complete chores, along with the skills necessary to carry them out. It will help caregivers to identify household tasks that are realistic based on their child’s developmental level as well as skills beneficial to independent living.
Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

Behavior Basics
Saturday, February 17, 2024  10 a.m.- Noon
In-person session at 55 Pineview Dr, Amherst, NY 14228. Limited respite spots available
This training will focus on basic proactive strategies to help caregivers reduce challenging behaviors that their children may exhibit. Topics will include reinforcement of positive behaviors, simple communication strategies, and other behavioral tips and techniques.
Presenter: Johanna Shaflucas, M.S.Ed., BCBA, LBA, Coordinator - Behavior Support Department
Chores for People with Different Abilities             Thursday, February 29, 2024  6:30-7:30 p.m.
Virtual session
This training will focus on providing caregivers with the understanding of generalized methods for teaching children to complete chores along with the skills necessary to carry them out. It will help caregivers to identify household tasks that are realistic based on their child’s developmental level, as well as skills beneficial to independent living.
Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

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Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

Community Social Skills                     Thursday, March 7, 2024  6:30-7:30 p.m.
Virtual session
This training will provide caregivers with an overview of generalized methods for the use of prosocial behavior in community spaces as well as assist in identifying strategies that may help their children remain safe and succeed in community settings.
Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

Community Social Skills                     Thursday, March 21, 2024  6:30-7:30 p.m.
Virtual session
This training will provide caregivers with an overview of generalized methods for the use of prosocial behavior in community spaces as well as assist in identifying strategies that may help their children remain safe and succeed in community settings.
Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

ABOUT OUR PRESENTERS:
Johanna Shaflucas, Juli Gunner, Kameron Plotner, and Lori Simmons work in Summit’s Behavior Support Department. They each have many years of experience working with children and young adults with autism and developmental disabilities.