



## S.T.A.R. Parent Training

*For parents and caregivers of children and young adults with developmental disabilities.*

The Summit Center's S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to manage various stages of your child's life. Sessions will be conducted by The Summit Center's professional staff who have significant background, training, and experience working with individuals with developmental disabilities.

**Eligibility:** All sessions open at no cost to those who are OPWDD eligible. Those with Self Direction must include this in their budget.

**To register:** Please call Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156. For virtual sessions, a link to the training will be emailed to you after you are registered. ***Please note that the registration/approval process may take up to five days to complete. Timeframe for approval through Self-Direction may vary. Please allow enough time for this approval process before each session you wish to attend.***

**Communication** **Saturday, January 13, 2024** **11 a.m.-Noon**  
*Virtual Session*

This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.

**Presenter:** Kameron Plotner, M.S., BCBA, Behavior, Consultant – Behavior Support

**Care Notebooks** **Saturday, January 27, 2024** **12 -1:30 p.m.**  
*Virtual session*

This training will focus on providing ideas to caregivers on different ways to organize important information/paperwork. Caregivers will learn why it is important to have various kinds of documentation saved and organized for different milestones in a person's life. The training will cover the types of documentation that are important to save.

**Presenter:** Lori Simmons, Supervising Clinician – Behavior Support

**Chores for People with Different Abilities** **Thursday, February 15, 2024** **6:30-7:30 p.m.**  
*Virtual session*

This training will focus on providing caregivers with the understanding of generalized methods for teaching children to complete chores, along with the skills necessary to carry them out. It will help caregivers to identify household tasks that are realistic based on their child's developmental level as well as skills beneficial to independent living.

**Presenter:** Juli Gunner, M.S., BCBA, Behavior Consultant

**Behavior Basics** **Saturday, February 17, 2024** **10 a.m.- Noon**  
*In-person session at 55 Pineview Dr, Amherst, NY 14228. Limited respite spots available*

This training will focus on basic proactive strategies to help caregivers reduce challenging behaviors that their children may exhibit. Topics will include reinforcement of positive behaviors, simple communication strategies, and other behavioral tips and techniques.

**Presenter:** Johanna Shaflucas, M.S.Ed., BCBA, LBA, Coordinator - Behavior Support Department

**Chores for People with Different Abilities**      **Thursday, February 29, 2024**    **6:30-7:30 p.m.**

*Virtual session*

This training will focus on providing caregivers with the understanding of generalized methods for teaching children to complete chores along with the skills necessary to carry them out. It will help caregivers to identify household tasks that are realistic based on their child's developmental level, as well as skills beneficial to independent living.

**Presenter:** Juli Gunner, M.S., BCBA, Behavior Consultant

**Chores for People with Different Abilities**      **Thursday, February 15, 2024**    **6:30-7:30 p.m.**

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This training will focus on providing caregivers with the understanding of generalized methods for teaching children to complete chores along with the skills necessary to carry them out. It will help caregivers to identify household tasks that are realistic based on their child's developmental level, as well as skill beneficial to independent living.

**Presenter:** Juli Gunner, M.S., BCBA, Behavior Consultant

**Community Social Skills**      **Thursday, March 7, 2024**      **6:30-7:30 p.m.**

*Virtual session*

This training will provide caregivers with an overview of generalized methods for the use of prosocial behavior in community spaces as well as assist in identifying strategies that may help their children remain safe and succeed in community settings.

**Presenter:** Juli Gunner, M.S., BCBA, Behavior Consultant

**Community Social Skills**      **Thursday, March 21, 2024**    **6:30-7:30 p.m.**

*Virtual session*

This training will provide caregivers with an overview of generalized methods for the use of prosocial behavior in community spaces as well as assist in identifying strategies that may help their children remain safe and succeed in community settings.

**Presenter:** Juli Gunner, M.S., BCBA, Behavior Consultant

**ABOUT OUR PRESENTERS:**

***Johanna Shaf Lucas, Juli Gunner, Kameron Plotner, and Lori Simmons*** work in Summit's Behavior Support Department. They each have many years of experience working with children and young adults with autism and developmental disabilities.



*With a staff of 500 professionals, The Summit Center is Western New York's leading provider of evidence-based educational, behavioral health, community and adult programs and services to more than 1100 individuals with autism and other developmental, social, and behavioral challenges.*

*TheSummitCenter.org*  
*716.629.3400*