



S.T.A.R. Parent Training

*For parents and caregivers of children and young adults
with developmental disabilities*

The Summit Center's S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to manage various stages of your child's life. Sessions will be conducted by The Summit Center's professional staff who have significant background, training, and experience working with individuals with developmental disabilities.

Eligibility: All sessions open at no cost to those who are OPWDD eligible. Those with Self Direction must include this in their budget.

To register: Please call Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156. For virtual sessions, a link to the training will be emailed to you after you are registered. ***Please note that the registration/approval process may take up to five days to complete. Timeframe for approval through Self-Direction may vary. Please allow sufficient time for this approval process prior to each session you wish to attend.***

Emotional Co-regulation

Thursday, April 11, 2024

6:00p-7:00p

Virtual session



This training will teach caregivers to identify and implement effective de-escalation strategies for their child. Topics will reflect how self-regulation relates to co-regulation, developing meaningful calming techniques, and teaching your child to request and rely upon these skills when escalated.

Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

Communication

Saturday, April 13, 2024

11:00a-12:30p

Virtual session



This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.

Presenter: Kameron Plotner, M.S., BCBA, Behavior, Consultant – Behavior Support

Managing Challenging Behaviors

Thursday, April 18, 2024

6:00p-7:00p

Virtual session



This training will focus on teaching caregivers where challenging behaviors typically come from, what challenging behaviors mean, and some simple strategies that focus on using reinforcement to decrease challenging behaviors and build skills.

Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

Adaptive Skills

Saturday, April 20, 2024

12:00p-1:30p

Virtual session



Many children, regardless of a developmental disability, can struggle with aspects of Toileting, Sleeping and Feeding. This training will identify the challenges that caregivers typically face and teach simple strategies that focus on using reinforcement to encourage skill building in these areas.

Presenter: Lori Simmons, Supervising Clinician – Behavior Support

Chores for people with Different Abilities

Thursday, May 9, 2024

6:30p-7:30p

Virtual session



This training will focus on providing caregivers with the understanding of generalized methods for teaching children to complete chores, including the skills necessary to carry them out. It will help caregivers to choose household tasks that are realistic based on their child's developmental level, create beneficial independent living skills for their children, and are easily built into their family's routine.

Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

Communication

Saturday, May 18, 2024

11:00a-12:30p

Virtual Session



This training will discuss the basics of functional communication, how to encourage communication, promote communication independence, and capitalize on naturalistic teaching opportunities.

Presenter: Kameron Plotner, M.S., BCBA, Behavior, Consultant – Behavior Support

Managing Challenging Behaviors

Saturday, June 8, 2024

11:00a-12:00p

Virtual session



This training will focus on teaching caregivers where challenging behaviors typically come from, what challenging behaviors mean, and some simple strategies that focus on using reinforcement to decrease challenging behaviors and build skills.

Presenter: Kameron Plotner, M.S., BCBA, Behavior, Consultant – Behavior Support

Emotional Co-regulation

Thursday, June 20, 2024

6:30p-7:30p

Virtual session



This training will teach caregivers to identify and implement effective de-escalation strategies for their child. Topics will reflect how self-regulation relates to co-regulation, developing meaningful calming techniques, and teaching your child to request and rely upon these skills when escalated.

Presenter: Juli Gunner, M.S., BCBA, Behavior Consultant

ABOUT OUR PRESENTERS:

Kameron Plotner, Juli Gunner and Lori Simmons are in Summit's Behavior Support Department. They each have many years of experience working with children and young adults with autism and developmental disabilities.

With a staff of 600 professionals and expertise in autism and social/emotional development, The Summit Center is Western New York's leading provider of evidence-based educational, behavioral health, adult, and community programs to more than 1,000 children and adults with developmental, social, and behavioral challenges.



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