

SUMMIT ACADEMY

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Dear Families and Caregivers,

Like many schools, Summit Academy has safeguards in place to accommodate our staff and students with allergies. Many of our students and staff may have mild reactions to contact with an allergen, however, some have ***severe, life-threatening*** allergies. Allergic reactions can occur from ingesting the allergen, breathing in the allergen or touching allergen with the skin. To protect these individuals, there are some food items and products that are NOT allowed in school classrooms or in common instructional areas.

**The list of items NOT allowed includes:**

* **Peanuts**
* **Tree nuts**
* **Coconut**
* **Cinnamon-scented products (Hazelwood school only)**

This is not a complete list of allergies at our school; please be assured that if your child has an allergy, staff will follow the guidance provided by your doctor.

We define Summit Academy as an **“allergy sensitive school.”** All the Summit schools have stock Epi-Pens in case of an emergency, and staff receive training in recognizing and addressing an allergic reaction. If your child has an allergy, please contact the nurses before the start of school. Our meal providers are aware of this policy and ensure that meals do not contain these products.

Please be mindful about the food you send to school as well as other products. Please check the list of ingredients on food and products applied to your child’s skin and hair (coconut oil is a common ingredient in beauty products to watch out for). If you send in a food item containing ingredients listed above, it will be disposed of and you will be contacted.

Your child’s safety, and the safety of all of our students and staff, is extremely important to us. We realize these restrictions can pose difficulties for families who struggle to provide nutritious food to their children with limited diets. For our students who eat peanut butter, we recommend replacing with SunButter, which is made from sunflower seeds and not nuts. If you have any specific concerns about a product your child eats/uses that contains these ingredients, please contact the nurse at your child’s school building to discuss.

We sincerely appreciate your support in promoting a safe and healthy school environment. If you have any questions, please contact the school nurse or your child’s principal.

Sincerely,

Mary Bennett

Superintendent of Schools